

The Power of Failure

If you want to succeed, double your failure rate. - Tom Watson



"What is the secret of your success?" a reported asked a bank president.

"Two words."

"And what would they be, sir?"

"Right decisions"

"And how do you make right decisions?"

"Experience."

"And how do you gain experience?"

"Two words."

"What are they?"

"Wrong decisions."

Failure is just an outcome like a success. It gives us experience and better guidance in future than success. In success, we ignore our mistakes, and in failure, we identify our mistakes. For success, experience of failure contributes.

Tom Krause said "There are no failures-just experiences and your reactions to them."

Even success is called failure, when we don't have dear ones to celebrate. And failure is a success when we have dear ones to support.

Often times, we invest failure with the wrong kind of power by thinking it's a permanent state that holds us down, rather than a temporary condition that we can learn and grow from-often to remarkable heights. American Physiologist **Herbert Gasser** said "Forget the times of your distress. But never forget what they taught you."

Billiard Champion **Pankaj Advani**, says "Losses have taught me more than wins. It's

only during losses that one gets time to introspect and chizzle out the rough edges. "

The well known figures of the world, such as **Edison** and **Lincoln**, share a common trait. They each failed (and spectacularly so!) in their respective fields before rising to greatness. A teacher told **Thomas Edison** that he was too

A doctor entered the hospital in hurry after being called in for an urgent surgery. He answered the call as soon as possible, changed his clothes & went directly to the surgery block. He found the boy's father pacing in the hall waiting for the doctor. On seeing him, the dad yelled: "Why did you take all this time to come? Don't you know that my son's life is in danger? Don't you have any sense of responsibility?? "The doctor smiled & said "I am sorry, I wasn't in the hospital & I came as fast as I could after receiving the call. And now, I wish you'd calm down so that I can do my work!!!" "Calm down?! What if your son was in this room right now, would you calm down? If your own son dies now what will you do??" said the father angrily!!! The doctor smiled again & replied: "I will say what is said in the holy book Quran; "From dust we came & to dust we return, blessed be the name of god!!" doctors cannot prolong lives. Go and intercede for your son, we

stupid to learn anything and he should go into a field where he might succeed by virtue of his pleasant personality. **Abraham Lincoln's** fiancé died, he failed in business twice, he had nervous breakdown and was defeated in eight elections. Cut from the high school Basket Ball team, **Michael Jordan** went home and locked himself in his room and cried and later became the world's best basket ball player. **Walt Disney** was fired from newspaper because he lacked imagination and had no original ideas. **'The Beatles'** was turned down by the data recording company, "We don't like the sound, guitar music is on the way out."

Law of Life's highway states "If everything is coming our way, we are in the wrong lane." Failures are not stop signs, they are guidelines. **If we have never failed, we have never lived.** Let's face the fear of failure head on.

will do our best by god's grace!!!" "Giving advises when we're not concerned is so easy" murmured the father. The surgery took some hours after which the doctor went out happy, "Thank goodness! Your son is saved!" and without waiting for the father's reply he carried on his way running. "If you have any question, ask the nurse!!" "Why is he so arrogant? He couldn't wait some minutes so that I ask about my son's state" commented the father when seeing the nurse minutes after the doctor left. The nurse answered, tears coming down her face: "His son died yesterday in a road accident, he was in the burial when we called him for your son's surgery. And now that he saved your son's life, he left running to finish his son's burial..."

Moral: **Never judge anyone. Because you never know how their life is, and what they're going through!!**

Dr. Parveen Bhatia

We don't see things as they are; we see them as we are." – Anais Nin

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Weight Loss Surgery: Success Stories

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Jan. 14, 2011
Weight : 122 kg
BMI : 56.45



Sleeve Gastrectomy
done on:
Jan. 15, 2011

Sep 29, 2011
Weight : 79.60 kg
BMI : 36.83

Ms. N, 25 yrs

“Morbid obesity surgery had a great impact in my life.”
Obesity made me feel shy and hesitant to attend the social gathering. I hardly used to go out of my place. I used to get tired easily by performing a little work. But now I am much more confident, my stamina has increased a lot, I can now walk long distances and can perform many tasks at one time. I am very happy to have this surgery, I feel that I am a ‘HEALTHY PERSON’ now.

Mrs. S. J, 42 yrs

The results of the surgery were beyond my expectations. I have lost 33 kgs in 7 months. I am feeling very good after this surgery. Also my blood sugar and blood pressure levels have come to normal. I am no longer taking any medications for these. I was very happy with the treatment given by doctors and staff of the Bhatia Global Hospital. Even after 7 months of operation, Ms Aarchie Bhatia, have kept a regular contact by giving repeated phone calls. And whenever, we have called Dr Bhatia, he has given us complete solutions.



May 02, 2011
Weight : 111.45 kg
BMI : 50



Sleeve Gastrectomy
done on:
May 03, 2011

Dec. 10, 2011
Weight : 76 kg
BMI : 33.77

Mrs. B. J, 54 yrs

From last 4 years, due to my overweight, neither I was able to walk nor was I able to do my own work properly. I got Sleeve Gastrectomy surgery done by Dr Parveen Bhatia when I was 148.6 kgs. Today after 4 months, I have lost 26.30 kg weight and 18 inches from waist. I am feeling very light. Now I can work on my own.

During my stay in the hospital, I was very much satisfied. Dr Bhatia is well experienced surgeon.



Aug 02, 2011
Weight : 148.6 kg
BMI : 74.6

Sleeve Gastrectomy
done on:
Aug 03, 2011



Nov. 11, 2011
Weight : 123.70 kg
BMI : 62.22



Sep 11, 2011
Weight : 158 kg
BMI : 54

Sleeve Gastrectomy
done on:
Sep. 12, 2011



Dec.15, 2011
Weight : 140 kg
BMI : 47.8

Mr. V. C, 52 yrs

Four years back, I got operated for laproscopic Gastric Band procedure, from another surgeon in Delhi. But rather than losing, I gained weight. Also banding gave me side effects. I used to do vomiting 2-3 times daily, followed by severe headache. Due to this I started avoiding social gathering. After such worse effects, I met Dr Bhatia in Feb 2011, at Sir Ganga Ram Hospital and got band removed on June 7, 2011. And then I got Sleeve Gastrectomy done, on Sept 12, 2011. At that time I was weighing 158 kgs. Today, after 3 months, I am weighing 140 kg, feeling very light, no vomiting, able to digest everything. I have also started attending social gatherings. Latest, when I was traveling through flight, after 5years, I did not ask for extra belt and this motivated me a lot.

"I would like to say that after my mother Dr Bhatia is my god, who gave me second birth."

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Mr. A. A, 37 yrs

Before surgery:

1. I couldn't walk even 500 meters.
2. Could not sit on floor.
3. There was heavy breathlessness, while going till 3rd floor.
4. Snoring problem
5. Could not stand for more than 10-15 minutes
6. Hunger & thirst were very high.

Changes occurred after two months: (Wt. reduced from 192 to 160 Kgs)

1. Can walk 4-5 km in one go.
2. Can walk stairs upto 5th floor.
3. Can work by sitting on floor
4. Do not feel hungry now.
5. Feeling wonderful, can shop individually, can travel on metro also.
6. Life has changed after going into surgery.

Grateful to Dr. Parveen Bhatia and whole staff of hospital



Nov. 14, 2011
 Weight : 191 kg
 BMI : 64.56

Sleeve Gastrectomy
 done on:
 Nov. 15, 2011



Jan 17, 2012
 Weight : 160 kg
 BMI : 54.08

Mr. P. P, 43 yrs

Weight at the time of operation:-173 kg
 Weight after operation : 153 kg

Why I went for this operation?

Excess weight, unable to do physical work.

What I feel after surgery?

I feel much more comfortable after surgery.

About Dr.Parveen Bhatia:

He is very good. Suggested me truly and conveyed me about bariatric surgery in detail and in a cooperative way.

About Ms Aarchie Bhatia:

Good in work and cooperative.

About team:

Team of the surgery was excellent. They supported me a lot during this surgery.

About staff:

Staff of the hospital is good and cooperative.

I am really very thankful to Dr. Parveen Bhatia and his team.



Nov. 02, 2011
 Weight : 173 kg
 BMI : 68.4

Sleeve Gastrectomy
 done on:
 Nov. 03, 2011



Dec. 24, 2011
 Weight : 153 kg
 BMI : 60.51